MAY 2026

Active Adult Center

Classes, Activities & Special Events (Ages 50+)
For more information, please call (704) 866-6848

NEW LOCATION:
107 South Broad St., Gastonia, NC 28052

Sat.	Monday	Tuesday	Wednesday	Thursday	Friday	Sun.
	Hours of Operation: **Monday – Wednesday: 9 AM – 5 PM** **Thursday: 9 AM – 8 PM & Friday 9 AM – 5 PM**				1 Chair Yoga 11:30 AM - 12:30 PM / $2	2
3	4	5	6	7	8	9
	MOVING WEEK – CENTER CLOSED					
10	11 **GRAND OPENING** **107 SOUTH BROAD STREET** **4 PM – 6 PM** **Open to the public!**	12 Billiards 9 AM – 4:30 PM Wellness Room 9 AM – 4:30 PM Beginner Ceramics 9 AM - 1 PM / $2 Zumba Gold 10:30 AM - 11:15 AM / $2 Table Top Tuesday 10 AM - 4 PM Instructional Spades- 2 PM Hatha Yoga 3:30 PM - 5 PM / $2	13 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM Ceramics 9 AM - 1 PM / $2 Line Dance-High Beginner 1 PM - 2 PM / $2 Card Group 12 PM - 4 PM	14 Billiards 9 AM – 7:30 PM Wellness Room 9 AM – 7:30 PM Beginner Ceramics 9 AM - 1 PM / $2 Zumba Gold 10:30 AM - 11:15 AM / $2 Mahjong Free Play 1 PM – 4 PM Game Night 5 PM – 8 PM	15 Ceramics 9 AM – 1PM/$2 Chair Yoga 11:30 AM - 12:30 PM / $2 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM **Breakfast Club- 9 AM Honeycomb Cafe**	16
17	18 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM Ceramics 9 AM - 1 PM / $2 Advanced Oil Painting with Cam Tracy 9 AM – 12 PM ***Instructional Mahjong CANCELLED**	19 Billiards 9 AM – 4:30 PM Wellness Room 9 AM – 4:30 PM Beginner Ceramics 9 AM - 1 PM / $2 Arts & Craft Club 10 AM – 5 PM Zumba Gold 10:30 AM - 11:15 AM / $2 Table Top Tuesday 10 AM – 4 PM Hatha Yoga 3:30 PM - 5 PM / $5	20 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM Ceramics 9 AM - 1 PM / $2 Line Dance-High Beginner 1 PM - 2 PM / $2 Card Group 12 PM - 4 PM	21 Billiards 9 AM – 7:30 PM Wellness Room 9 AM – 7:30 PM Beginner Ceramics 9 AM - 1 PM / $2 Zumba Gold 10:30 AM - 11:15 AM / $2 Mahjong Free Play 1 PM – 4 PM Game Night 5 PM – 8 PM	22 Ceramics 9 AM – 1PM/$2 Chair Yoga 11:30 AM - 12:30 PM / $2 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM	23
24	25 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM Ceramics 9 AM - 1 PM / $2 Advanced Oil Painting with Cam Tracy 9 AM – 12 PM	26 Billiards 9 AM – 4:30 PM Wellness Room 9 AM – 4:30 PM Beginner Ceramics 9 AM - 1 PM Zumba Gold 10:30 AM - 11:15 AM / $2 Table Top Tuesday 10 AM - 4 PM Instructional Bid Whist- 2 PM Hatha Yoga 3:30 PM - 5 PM / $5	27 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM Ceramics 9 AM - 1 PM/ $2 Line Dance-High Beginner 1 PM - 2 PM / $2 Card Group 12 PM - 4 PM	28 Billiards 9 AM – 7:30 PM Wellness Room 9 AM – 7:30 PM Beginner Ceramics 9 AM - 1 PM/ $2 Zumba Gold 10:30 AM - 11:15 AM / $2 Mahjong Free Play 1 PM – 4 PM Game Night 5 PM – 8 PM	29 Ceramics 9 AM – 1PM/$2 Chair Yoga 11:30 AM - 12:30 PM / $2 Billiards 9 AM - 4:30 PM Wellness Room 9 AM – 4:30 PM	30

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OFFSITE SENIOR PROGRAMS

Bradley Recreation Center: 1200 Modena St., Gastonia, NC 28052
Phillips Recreation Center: 2031 Echo Ln, Gastonia, NC 28052
Rankin Lake Clubhouse: 1750 Rankin Lake Rd, Gastonia, NC 28052

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 Cardio Line Dance: $2 / 10 AM – 11 AM	2
3	4 Chair Volleyball 10 AM - 12 PM Card Group (Individual Draw) 12 PM - 4 PM	5 Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM	6 SENIOR PICNIC 12 PM – 3:30 PM	7	8 Cardio Line Dance: $2 / 10 AM – 11 AM	9
10	11 Chair Volleyball 10 AM - 12 PM Card Group (Individual Draw) 12 PM - 4 PM	12 Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM	13 BINGO 2 PM - 4 PM	14	15 Cardio Line Dance: $2 / 10 AM – 11 AM	16
17	18 Chair Volleyball 10 AM - 12 PM Card Group (Individual Draw) 12 PM - 4 PM	19 Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM	20	21	22 Cardio Line Dance: $2 / 10 AM – 11 AM	23
24	25 Chair Volleyball 10 AM - 12 PM Card Group (Individual Draw) 12 PM - 4 PM	26 Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM	27	28	29 Cardio Line Dance: $2 / 10 AM – 11 AM	30