


# JULY 2026

## Senior Activity Center


107 South Broad Street, Gastonia, NC 28052



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	<b>Hours of Operation:</b> <b>Monday: 9 AM – 5 PM</b> <b>Tuesday: 9 AM – 5 PM</b> <b>Wednesday: 9 AM – 5 PM</b> <b>Thursday: 9 AM – 8 PM</b> <b>Friday: 9 AM – 5 PM</b>	<b>ACTIVITY ROOMS:</b> * Billiards Room * Book Lounge * Cards Room * Ceramics Room * Game Room * Media Lounge * Wellness Room * Art Room  *All Activity Rooms Available During Operating Hours Unless Programming is Scheduled*	<b>1</b> Ceramics 9 AM – 1 PM <b>Phone Scams w/ PD 10 AM</b> *Sign Up in the Lobby* Line Dance-High Beginner 1PM - 2PM / \$2 Card Group 12PM - 4PM	<b>2</b> Beginner Ceramics 9 AM – 1 PM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 2 PM – 6 PM <b>4<sup>th</sup> of July Coloring &amp; Cupcakes</b> 5 PM – 7:30 PM *Sign Up in the Lobby*	<b>3</b> <b>CLOSED- CITY HOLIDAY</b> 	<b>4</b>
5	<b>6</b> Ceramics 9 AM - 1 PM Advanced Oil Painting w/ Cam 9 AM – 12 PM Chair Volleyball 10 AM – 12 PM Instructional Mahjong 1 PM – 4 PM <b>Intro to Wellness w/ Ashley</b> 2 PM /\$5 *Sign Up in Lobby*	<b>7</b> Beginner Ceramics 9 AM - 1 PM Table Top Tuesday 10 AM - 4 PM <b>Intro to Wellness w/ Ashley</b> 10 AM/ \$5 *Sign Up in Lobby* Hatha Yoga 3:30 PM - 5 PM / \$5	<b>8</b> Ceramics 9 AM - 1 PM Line Dance-High Beginner 1 PM - 2 PM / \$2 Card Group 12 PM - 4 PM	<b>9</b> Beginner Ceramics 9 AM - 1 PM <b>Family Feud 10 AM – 12 PM</b> *Sign up in the Lobby* Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 2 PM – 6 PM <b>Diamond Art 5 PM – 7:30 PM</b> *Sign Up in the Lobby*	<b>10</b> Ceramics 9 AM – 1PM Cardio Line Dance 9:30 AM – 10:30 AM/ \$5 Chair Yoga 11:30 AM - 12:45 PM / \$2	<b>11</b>
12	<b>13</b> Ceramics 9 AM - 1 PM Advanced Oil Painting w/ Cam 9 AM – 12 PM Chair Volleyball 10 AM – 12 PM	<b>14</b> Beginner Ceramics 9 AM - 1 PM Arts & Craft Club 10 AM – 5 PM Table Top Tuesday 10 AM - 4 PM Instructional Spades 2 PM Hatha Yoga 3:30 PM - 5 PM / \$5	<b>15</b> Ceramics 9 AM - 1 PM Line Dance-High Beginner 1 PM - 2 PM / \$2 Card Group 12 PM - 4 PM	<b>16</b> Beginner Ceramics 9 AM - 1 PM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 2 PM – 5 PM <b>JUMBO sized Game Night</b> 5 PM – 7:30 PM	<b>17</b> Ceramics 9 AM – 1 PM Cardio Line Dance 9:30 AM – 10:30 AM/ \$5 Chair Yoga 11:30 AM - 12:45 PM / \$2	<b>18</b>
19	<b>20</b> Ceramics 9 AM - 1 PM Advanced Oil Painting w/ Cam 9 AM – 12 PM Chair Volleyball 10 AM – 12 PM Instructional Mahjong 1 PM – 4 PM	<b>21</b> Beginner Ceramics 9 AM - 1 PM Table Top Tuesday 10 AM - 4 PM (Spades, Bid Whist, Canasta, etc.) Hatha Yoga 3:30 PM - 5 PM / \$5	<b>22</b> Ceramics 9 AM - 1 P Line Dance-High Beginner 1 PM - 2 PM / \$2 Card Group 12 PM - 4 PM	<b>23</b> Beginner Ceramics 9 AM - 1 PM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 2 PM – 6 PM <b>Darts Tournament 5 PM – 7:30 PM</b> *Sign Up in the Game Room*	<b>24</b> Ceramics 9 AM – 1 PM Cardio Line Dance 9:30 AM – 10:30 AM/ \$5 Chair Yoga 11:30 AM - 12:45 PM / \$2	<b>25</b>
26	<b>27</b> Ceramics 9 AM - 1 PM Advanced Oil Painting w/Cam 9 AM – 12 PM Chair Volleyball 10 AM – 12 PM	<b>28</b> Beginner Ceramics 9 AM - 1 PM Arts & Craft Club 10 AM – 5 PM Table Top Tuesday 10 AM - 4 PM Instructional Bid Whist 2 PM Hatha Yoga 3:30 PM - 5 PM / \$5	<b>29</b> Ceramics 9 AM - 1 PM Line Dance-High Beginner 1 PM - 2 PM / \$2 Card Group 12 PM - 4 PM	<b>30</b> Beginner Ceramics 9 AM - 1 PM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 2 PM – 6 PM <b>Puzzle Competition 5 PM – 7:30 PM</b> *Sign Up in the Lobby*	<b>31</b> Ceramics 9 AM – 1 PM Cardio Line Dance 9:30 AM – 10:30 AM/ \$5 Chair Yoga 11:30 AM - 12:45 PM / \$2	

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## Offsite Senior Programs

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1 <b>Bradley Recreation Center:</b> 1200 Modena St., Gastonia, NC 28052 <b>Rankin Lake Clubhouse:</b> 1750 Rankin Lake Rd, Gastonia, NC 28052  *Call 704-866-6848 to sign up for the Walking Club a day in advance*		1 <b>WALKING CLUB</b> *CANCELLED*  <b>SENIOR PICNIC</b> 12 PM – 3:30 PM	2	3 CLOSED- CITY HOLIDAY 	4
5	6	7 <b>Instructional Pickleball 12 PM - 2 PM</b> <b>High Beginners Pickleball 2 PM - 5 PM</b>	8 <b>WALKING CLUB</b> 8:30 AM – 10:30 AM *Meet at Lake House* <b>BINGO</b> 2 PM - 4 PM	9	10	11
12	13	14 <b>Instructional Pickleball 12 PM - 2 PM</b> <b>High Beginners Pickleball 2 PM - 5 PM</b>	15 <b>WALKING CLUB</b> 8:30 AM – 10:30 AM *Meet at Lake House*	16 Chair Volleyball Tournament @ Patrick Senior Center <i>Location: 909 E Kings St., Kings Mountain, 28086</i> *Sign Up by July 13 <sup>th</sup> *	17 <b>Breakfast Club 9AM</b> *Sign Up by July 10 <sup>th</sup> * Waterbean Cafe Address: 618 West Franklin, Gastonia, NC 28052	18
19	20	21 <b>Instructional Pickleball 12 PM - 2 PM</b> <b>High Beginners Pickleball 2 PM - 5 PM</b>	22 <b>WALKING CLUB</b> 8:30 AM – 10:30 AM *Meet at Lake House*	23	24	25
26	27	28 <b>Instructional Pickleball 12 PM - 2 PM</b> <b>High Beginners Pickleball 2 PM - 5 PM</b>	29 <b>WALKING CLUB</b> 8:30 AM – 10:30 AM *Meet at Lake House*	30	31	